



The mission of the B-T Voyager Program is to strengthen individual confidence, skill, and stamina to prepare swimmers to participate in competitive swimming events.

Prerequisites:

- Minimum age 5
- Demonstrate the ability to complete a continuous 50 yard swim consisting of 25 yards of backstroke and 25 yards of crawl stroke with rotary or roll-to-back breathing as taught by Pool Pirates Swimming
- Demonstrate a desire to participate in the Voyager program by following coaches' instructions.

Structure:

- Voyager practices are 45 minutes long.
 - Swimmers may choose to participate only once per week during a voyage or up to as many as five times per week. Register for as many or as few "Options" as you would like.
 - Voyagers are encouraged to participate in B-T Splash Meets and area USA Swimming sanctioned swim meets.
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Swimmer

successfully demonstrated crawl stroke and backstroke swimming skills and is considered

VOYAGER READY

B-T Aquatics Staff Member

date

The real voyage of discovery consists not in seeking new landscapes but in having new eyes. *Marcel Proust*

Life is a voyage. *Victor Hugo*

Make voyages.
Attempt them...there is nothing else. *Tennessee Williams*

The great difference between voyages rests not with the ships, but with the people you meet on them. *Amelia E. Barr*

Voyage upon life's sea. To your own self be true.
And, whatever your lot may be...paddle your own canoe. *Sarah Bolton*
