



B-T AQUATICS SAFE SWIMMING CAP PROGRAM

Everyone needs to be safe and skilled in the water. The B-T Aquatics Safe Swimming CAP program is a fun way for your family to learn and practice safe swimming. The program begins with our 3rd *Make a Splash Day* on May 16, and wraps up with our 7th annual *Back to Pool Day* in September. We want you to think about water safety all summer. Everyone in the family can earn a Safe Swimming CAP prize.

www.btaquatics.org/CAP_Program.htm
402.556.1205



To earn your safe swimming CAP:

1. Participate in our Make A Splash Day on May 16.
2. Visit the B-T Aquatics website in June, July, and August. The first of each month a new page will be posted containing more water safety information. Take the short quiz at the bottom of each page and submit your answers.
 - C: Safe Children (June) - www.btaquatics.org/CAP_Program_C.htm
 - A: Safe Adults (July) - www.btaquatics.org/CAP_Program_A.htm
 - P: Safe Pools (August) - www.btaquatics.org/CAP_Program_P.htm
3. Attend our Back to Pool Day on September 13 for more safe fun in the pool, and to collect your free swim CAP and completion certificate. (You must be present at the event to receive a cap and certificate.)

All of the Safe Swimming CAP Program events and activities are free!



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